

Is this course designed for you?

If you want a thorough introduction to this powerful approach to understanding people, communication and relationships - then the answer is yes.

What will the course cost?

£285.00 (plus VAT)

£245.00 (plus VAT) if you are sponsored by a not-for-profit organization

Book three places at the same time - the third one will be at half price (saving up to 142.50 plus VAT!)
The course will take place in Desford, Leicestershire. The fee includes refreshments and a light buffet lunch each day.

Full joining instructions will be issued once a firm booking is made.

Book early and guarantee yourself a place!

Some testimonials from a previous course

"I have enjoyed the course and will be able to apply many of the concepts in my professional and personal life. The course was well-structured, in excellent surroundings and at a good pace"

Clive W., North West, UK

"What a great balance of learning, fun, challenge and enjoyment - which leads to better learning I am sure. Clear, thorough, stimulating and encouraging"

Louise H., Midlands, UK

"A most enjoyable and insightful three days - thank-you!"

Sarah M., UK

Enrol Now!

Places are limited - so sign up now using one of the means of contact below!
(Booking form is at the end of this flyer)



Mountain Associates

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Tel/Fax: 01455-824475 email: ta@mountain-associates.co.uk

www.mountain-associates.co.uk/ta101.html



22nd to 24th Nov 2011

Desford Leicestershire

Advanced Skills in Communication Level 1

Incorporating the Official Introduction to Transactional Analysis (the "TA101")

facilitated by Chris Davidson

This course will give you an invaluable introduction to the rich contribution Transactional Analysis can make in improving communication skills.

Advanced Skills in Communication - Level 1

Incorporating the Official Introduction to Transactional Analysis (the TA101).

This is an international recognised certificated course.

Advanced Skills in Communication - Level 1

- Are you sometimes concerned about your relationships with others?
- Do you wonder how you seem to get into conflict with certain people?
- Because of your work do you have to relate to a range of different people and occasionally find it a struggle?

If so, this course is for you. Whatever your business you know how important good communication is. Without it, getting your message across is at best hampered and at worst impossible. Leaders who are able to make decisions but unable to communicate effectively lose the goodwill and respect of others.

Conflict can easily ensue if there are misunderstandings and assumptions. Understanding is the foundation for good communication, and this course is designed to equip you with the tools to enable improved morale, energy and productivity.

Enrol on this course and develop and hone your communication skills leading to improved relationships in your work and personal life

Advanced communication skills get results. When you relate with ease and know how to invite others to do the same, then energy that was previously used in tension and difficulty can be channelled to increase productivity. Life at home is also likely to be more relaxed as less hassle at work means you go home more relaxed too.

You will leave this course with a practical set of tools to address issues and enhance relationships at home and at work. You will be taught why people do what they do and how to respond appropriately. The models used are very visual and have been taught to young people as well as adults from all walks of life, from the board room to the shop floor. They are easy to understand and provide a compass for dialogue.

You will learn that how you say something is as important as what you say. You will be taught how to start communication off on the right path and to respond rather than react. Through this process you will understand how to encourage others to be collaborative and move from inertia to inspiration so that people go from strength to strength.

The Benefits

This course will develop your understanding about:

- how behaviour is influenced by experience
- how we come to believe what we do
- the fact that decisions made as a child can be changed
- how to turn self-criticism into positive self-talk
- how to talk to others in ways that invite collaboration
- to apply what you are learning to your own situation

Call us now on 01455 824475 or email us at ta@mountain-associates.co.uk

The venue and group sizes

Our workshops take place in Leicestershire. We limit the size of the group so that everyone who attends our training courses receives the attention and focus they require to make the absolute most of the time. This means spaces can quickly run out, so if you are interested in finding out more simply call us on 01455 824475 to have a friendly chat about the programme and if it would be suitable for you. Otherwise just go right ahead and register for the course.

Try our courses - Risk Free

A common worry about training courses is that they will be boring, pitched at the wrong level, or won't be relevant to you. We are so confident that you will benefit from our courses that if, after having been on a course for half a day, you decide it is not for you, we will refund the full cost of the course. We offer this unique satisfaction guarantee so that you can try our programmes and make sure they are right for you without the risk that other training bodies ask you to take.

Who is the facilitator?


Chris Davidson:

CTA (O), Provisional Teaching and Supervising Transactional Analyst (with Organizational Speciality), has worked as a consultant and trainer for nearly twenty years, and has been freelance for the past ten years. He has worked with both public and private sector organizations. His work has included team development, working with difference, change management and coaching. He enjoys listening to and making music by way of bringing balance into his life. He is a partner in Mountain Associates.

Advanced Skills in Communication - Level 1

Booking Form

Date of course you are booking for: _____



Name: _____

Address: _____

Tel/Fax: _____

Email: _____

Particular interest in undertaking the course: _____

Course fee: £285 (plus £57.00 VAT @ 20% - totalling £342.00)


Individuals sponsored by not-for-profit organisations receive a £40.00 discount:
£245 (plus £49.00 VAT @ 20% - totalling £294.00)

Fee - please delete/ignore what does not apply: I enclose a cheque for: _____

Please send an invoice for: _____ to: _____



Please return this form to:
Mountain Associates,
Beechwoods, 56 Main Street, Desford, Leicester, LE9 9GR, UK
or email us if you have any queries: ta@mountain-associates.co.uk



Please note: cancellation charges apply to bookings for this course. However, we are happy for you to send someone in your place if you find in the end that you are unable to attend the course.